

Newsletter - **WEEK 1**

Week 1 of Eco-kids Summer Camp was all about **positivity**, as children identified and created solutions to many problems connected with water.

Our campers, from 4 to 14 years old, representing 26 nationalities, have joined together to explore their understanding of how water connects to all life on earth.

Through the many fun and engaging activities, children have identified a number of issues that they want to address relating to water.

Children at camp begin to understand the importance of how every living thing ultimately connects to water. **Water is life** and



We are Water...



COOKING

Banana Muffins & Rock Cakes

Our students really enjoy the cooking class! Ingredients to touch, smell and taste to learn where foods come from and how they can be used together to formulate different recipes and tastes.

This week students learned to make banana muffins and rock cakes. The banana muffins used fruit in the cakes to teach campers how natural sugars in fruits can balance the recipe and taste.

The young Einstein groups were curious to see if we actually used rocks in the cakes! Of course, they discovered that the name of the cake was based on its appearance rather than the content of the ingredients.

Our little chefs worked well together, not only in the creative process of cooking, but also in cleaning up after their cooking class – we hope this is an attitude and skill that will extend to their home life.

Week 1 photos:

<https://drive.google.com/drive/folders/1DplYT2c6aI2bGBup9au18VrA2rSlwUTT?usp=sharing>

SPORTS AND TEAMBUILDING

The students had a blast with the sports team in the first week of summer camp at ISHCMC. Both their physical and mental muscles were worked in activities such as dodgeball, human hoops, bean bag shuffleboard and mastermind. After such a strong start, everyone involved is excited for what fun and engaging activities next week has in store!



ECO ACTIVITIES

Eco System with Worms

Following the Week 1 theme relating to water, we created mini eco-systems by making 'Worm Farms'. Over the coming weeks our campers will be able to observe how the worms work as well as understand how long the food scraps, plastic bags, and WAVE bags decompose in this environment. As a result, children will learn how harmful plastic bags are in any environment. Campers also made 'Raindrop' cake to understand how important water is to our earth, our animals, and ourselves.



IMPROV

A great start to Improvisation class this week as the students learned about the essential elements of becoming a great thespian!

We defined what Improvisation (Improv) is: the art of creating something out of nothing, and learning to be spontaneous. We also learned the elements needed to hone skills (observing, listening and using your body), and we did fun and energetic exercises that connected to those elements. We also did breathing exercises to develop voice and projection.

For the most part, we had positive reflections at the end of each session and I look forward to working with this enthusiastic bunch next week!



ACTIVITIES

When Week 1 theme “water” meets our activity sessions, kids let their imagination flow through the craft of sea creatures’ costumes and hats as well as the realization of miniature fish tanks.

This is an important time of the day where children can give free rein to their creativity while putting into practice core values such as patience, respect and perseverance – because there is no such thing as a bad artist!



EINSTEIN 1

This week we learnt about the water cycle, water wastage, and the effect that water pollution has on our planet. The children led the lesson toward animals and their need for water. Based on this, we made animals masks and did drawings relating to water usage.

Our weekly life skill focus was on gratitude. Our group was enthusiastic to talk about all the things they are grateful for: family, water, food, animals, and friends. As a craft project, the children did pebble painting with words of encouragement on them to take home and share with their family. We have a very energetic and enquiring minded class of young children!



EINSTEIN 2

E2 has been so excited for the beginning of camp and we are already off to a great start. Our theme for this week has been about water with a focus on positivity, and how we can make a difference. Our kids have created some beautiful artwork about our oceans and have researched and developed their own ways of keeping our oceans looking beautiful. E2 is committed to making less waste by using reusable water bottles, grocery bags made from old T-shirts and donating unused toys, clothing and shoes. With such a great start, we are excited for the rest of camp.



EINSTEIN 3

We started the week with fun games. This helped students to get to know and get along with each other. We created a flipbook for the weekly theme and the children wrote a water story. The plot was about how to save water from people who are polluting and wasting it; and what solutions we have for these problems. We also tackled the effect that drinking dirty water has on our body with simple words and colorful drawings.

Students were able to showcase their ability in drawing and creative thinking. It's good to know that at a very young age they are so positive in helping the environment. Good job Einstein 3!



EINSTEIN 4

This week E4s were working on presentations about water pollution and solutions to these problems. The project groups mastered how to do online research in the IT room and found interesting facts for their presentations. We also learnt how to write a structured presentation that is interesting and fun for others to listen to. To enhance the presentations, we also made bespoke posters!

Throughout our 'positivity' life skills lessons, we focused on games that encouraged a positive attitude, helping one another, and being respectful. Mindfulness was another interlinking topic that we discussed, and each child will contribute to our 'hands' poster, which shows what each of us is grateful for.



EINSTEIN 5

E5 is a diverse and multi-talented group. This week, we have had a magic show and a K-Pop dance – from our very own campers!

We have also explored the life skill of positivity by talking about what we are grateful for, the value of working together, and ways that we, as individuals, can make a difference in the world.

Our water project has led the campers to come up with creative ways that they can stop water pollution and save water at home. On Friday we showed each other what we had learnt through the week with short skits, presentations, and colorful infographics!

Everybody has become fast friends and can't wait to get together for more fun next week.



EINSTEIN 7

Einstein 7 kids were encouraged to appreciate the importance of water through positivity: looking on the bright side towards different situations.

Collaborative learning is imposed and everyone has successfully engaged in completing different tasks such as poster making and decorating the classroom wall. We also made 3D water cycle models! We reviewed science facts regarding water, the earth, and the ocean further exploring these through relay games, educational videos, and Q&A.

Everybody had fun learning and all have enthusiastically contributed in this first week. Well-done E-7!



DA VINCI 1



The happy campers have settled in and everyone is starting to have a lot of fun! D1 has specifically loved the teambuilding and sporting activities so far, and dodgeball has been a class favourite!

The campers have also been working on their Week 1 project - We are Water! The three groups have all taken completely different paths. Some groups are focusing on cleansing water, while others have gone towards an overall discussion on why water is valuable to us as humans and how we can preserve it going forward.

DA VINCI 2

We started on Monday with a meet and greet of the students, and some seemed very reserved, but we started to get to know each other through various class activities.

The activity that brought the entire class together was certainly the sports! The students felt very relaxed and the release of energy made all the difference.

We then started with our weekly projects where students engaged in debates, detailed IT work and research relating to identifying and solving issues connected with water.

Class D2 has grown closer, friendships have been formed and teamwork is part of our journey!

