



Summer Camp 2018 – Week 1 Newsletter

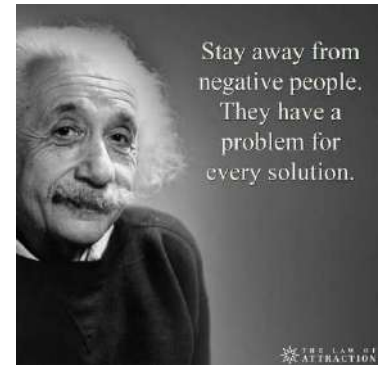
Week 1 was all about **creativity**, looking at the difference between intellectual and emotional intelligence (**EQ vs IQ**) with a clear focus on **positivity**. Students engaged in a number of activities which created the environment to explore these areas in a fun and interesting way that sparked their interest and imagination!

This week was a great start to our six-week summer camp!

Week 1 Core Value:

POSITIVITY Everything this week connected

to **positivity**. How do we think? How do we feel? What are our actions to self and others? **What can we make happen!**



Drama (confidence building)

This first week was devoted to assessing each group and learning about the energy and abilities of the whole group. We focused on the 3 basic elements of being a good actor, which is observation, listening, and using your body. We played a variety of fun games that had most of the children in giggles by the end of the session. We will continue owning these 3 skills throughout the summer camp.

Cooking: **Chocolate Muffins & Mini-Vegetable Lasagna**

Our students really enjoy the cooking class! Ingredients to touch, smell and taste to learn where foods come from and how they can be used together to formulate different recipes and tastes.

Cocoa powder, smells just like chocolate, but is it sweet or bitter? Our younger students took the taste challenge to realize that cocoa is not sweet as most expected; it is bitter!

Some students reluctantly included vegetables into their healthy mini lasagna and realized that by combining with tomato sauce, cheese, beans and other ingredients that maybe vegetables are not so bad after all...!

Of course, our little chefs worked well together, not only in the creative process of cooking, but also in the area of cleaning up after their cooking class which we hope is an attitude and skill that will extend to their home life.



Sports & Teambuilding: **Multi-Sports & Collaboration**



We've had an action-packed first week of sports and team building here at ISHCMC, with a focus on collaboration and positivity at the forefront of every sports & teambuilding session. Students have enjoyed classics such as dodgeball, football, dragon's tail and Lego innovation, while being introduced to some challenging and exciting activities. Our Inspire Educamps sports team encouraged students to get their minds buzzing with creativity as they took on teambuilding challenges where collaboration was key to their success.

Week 1 focus was inspired by environmental issues and the many ways to apply recycling in a fun and responsible way. Connected, hands-on activities that give children a voice through art and DIY (Do It Yourself) initiatives. From giving a new purpose to plastic waste to solving environmental concerns with the hydroponics system, students are now experts with a beautiful vision of our planet's future!



The outcome of these activities will be incorporated in cooking classes from Week 2.

HYDROPONICS & REGROWING



Einstein 1 (Age 5 group): Children focused on innovation and learning the life skill of identifying different emotions. Positivity as the core value for this week and was used to guide the students through their challenges. It was fantastic to witness the ingenuity they produced when using wooden blocks to design a tower and craft materials for a variety of different machines. The principles of De Bono's thinking hats were used as strategy for each student to design these products and to evaluate their emotions, limitations and successes.



Da Vinci 1 & 2 (Age 10 to 14 groups)

"Lights, camera, action!"

The Da Vinci students of innovation kicked off Week 1 on a fun note - learning how to make movies. In this day and age, learning how to communicate through video is an essential skill - one that requires both creativity and understanding how all the parts fit together as a whole. Incorporating technology with creativity and a collaborative approach, students achieved some great results in their final movie productions.