

# ISHCMC SUMMER CAMP 2020



## CHANGE MAKERS

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We all have beliefs about our own abilities and potential – these beliefs are part of our mindset.

*A GROWTH MINDSET is the belief that our intelligence and abilities can be improved with effort and the right strategies!*

How does my brain work?

What is **mindset**?

Is effort more important than outcome?

How we think can change everything!

We learn new things every day of our life. By having a growth mindset, we can make positive change to the people and the world around us!

Project Focus = **THINKING SKILLS**

Life Skills Focus = **GROWTH MINDSET**

### Newsletter - WEEK 4

Week 4 of summer camp has been a focus on thinking with an understanding about growth mindset.

The children in camp have adopted the understanding that they will be the next generation and many will find themselves in a position to make positive change in the world in a number of different ways, following their passions.

The demonstration of level of understanding this week from children of all ages in summer camp has been impressive. Often as adults, we tend not to *really listen* to children and *really understand* what they are expressing about their ideas and ways of thinking. This week our staff were listening intently!

As I read through the comments each week from our summer camp staff, I am very happy to see the passion our staff have for what they are sharing this summer with your children!

**How we think is EVERYTHING!**





# Cooking



## Chocolate Chip Muffins & Stuffed Eggplant

In week 4, our students learned to make chocolate chip muffins. Most students love chocolate and they were interested in using chocolate to make delicious desserts. For those that didn't like chocolate chips, another option was to make vanilla muffins.

We mixed cooking oil, milk, flour, chocolate chips and other ingredients to make the muffins. After baking, they smelled delicious and were very tasty!

For our savoury dish this week, the students made stuffed eggplant. Students realized that combining eggplant, egg, cauliflower, tomatoes, bell peppers and other ingredients can result in a very tasty and healthy meal option, which is so fun to make! After baking in the oven, the students loved the smell and gained a greater connection and appreciation to healthy eating options.





# Sports & Teambuilding

Week 4 of summer camp flew by very quickly, lots of skills and games were jam packed into the week. We welcomed the new Einstein 7 Group and they quickly got involved in the fun.

This week's team building activity was Mat ball which incorporated team work, strategy and motor skills. The older groups focused on various sport specific skills ranging from Hockey, Handball, Football, Basketball and Netball. The campers were able to utilize the skills learned in a Multi- skill-based game on Thursday.

The younger campers focused on more mobility-based games which included an obstacle course, this seemed to be a great success amongst the campers young and old, who thoroughly enjoyed it in the previous weeks. The new obstacle course had various challenging sections which ranged from catching, throwing, jumping, climbing and various exercises.

The popular games amongst the campers this week was Gaga ball, Triple ball, Touchdowns and Beanbag toss. The week wouldn't be complete without the ever popular Sharky Sharky and Sleeping Dragon.

This week was a great success and enjoyed by all involved. We look forward to finishing on a high in our final week of camp next week where we have lots of fun and interesting sports and teambuilding activities planned!





# Drama & Performance



The focus this week was to 'read the riot act' to all stage participants - behaviour, maturity and focus on stage. We also went over basic stage vocabulary (stage right, down stage centre, etc.) and practiced the blocking and basics of each groups' performance piece. I am very excited about the energy and professionalism all our young actors are bringing to the stage - hope you feel the same next Friday when you come to join us at the end of camp performance and see your children up on stage! **'Break a leg'!**



## Activities

Together for the performance! This week we have all crafted together to bring projects to life. This is how, after 4 weeks we have prepared all the props for our amazing upcoming performance. Without revealing too much, we have worked on enhancing electric candles as well as building a 2 meters structure, cut nearly a thousand feathers and made tiny puppets! Remember that what you will see on stage has all been crafted by your children and you can be proud of how creative and patient they were in the process!





# Einstein 1



The **EXCITEMENT** levels have reached new heights in the Einstein 1 class with the performance day drawing nearer. This past week we have been talking about how our brains work as looking into **MINDSET**. We made some wind chimes which focused on finer motor skills as well as lots of patience when it came to threading the beads. This week we also created an art piece representing the tree of life using our concept of dots.

One again we have welcomed more friends to our class and everyone is getting on so well together. We had the excitement of seeing and practicing on the stage for the first time this week and will be doing this most days so by the time of the performance comes we have some real **CONFIDENT** and **PROFESSIONAL** performers out there. The other excitement we had this week was filming our Green Screen clips in the green room for our performance. All the students made great effort to look and act the part and we look forward to seeing the final product. We also look forward to out last week with both happiness and sadness as we know we will have to say goodbye to new friends we have made. Einstein 1 has been an amazing group of amazing children!





# Einstein 2



This week we have a full beehive with 23 busy bees all buzzing around campus and preparing for the final production which will take place next week. The focus in class has been on **growth mindset** and finding new ways to change our thoughts into positive ways of thinking. The key word for the week has been YET and we encourage all E2 parents to talk to their children about this word and what it means to them to encourage this positive thinking at home and outside of summer camp. It has been so amazing watching the students continuously change their negative thoughts to positive and powerful ways of thinking by simply adding one very important word at the end of their sentences. As we near the end of camp the students have been working very hard with E1 and E3 to practice their amazing performances for the production. This involved using the green screen which was a huge success and left all the teachers very proud of each student and the effort they put into this activity. The E2 busy bees have had a very positive week and completed many craft activities related to the idea of creating a growth mindset in their everyday thinking. We can confidently say we have some **amazing children** in our class who have very bright futures with their unique ways of thinking.





## Einstein 3



With this week's topic being all about the mind, the class brainstormed 'WHO' they wanted to be and discovered **how powerful the mind can be** after watching some content on the 'Ice Man'. Students were asked to design a model of their head and brain. Students researched different types of materials they could use to create their model and began with papier mache. The class continued with daily meditation, mindfulness and practicing for next week's performance. The class really enjoyed filming for the performance in the green screen room and practicing the performance on the stage. Another great week together for E3!

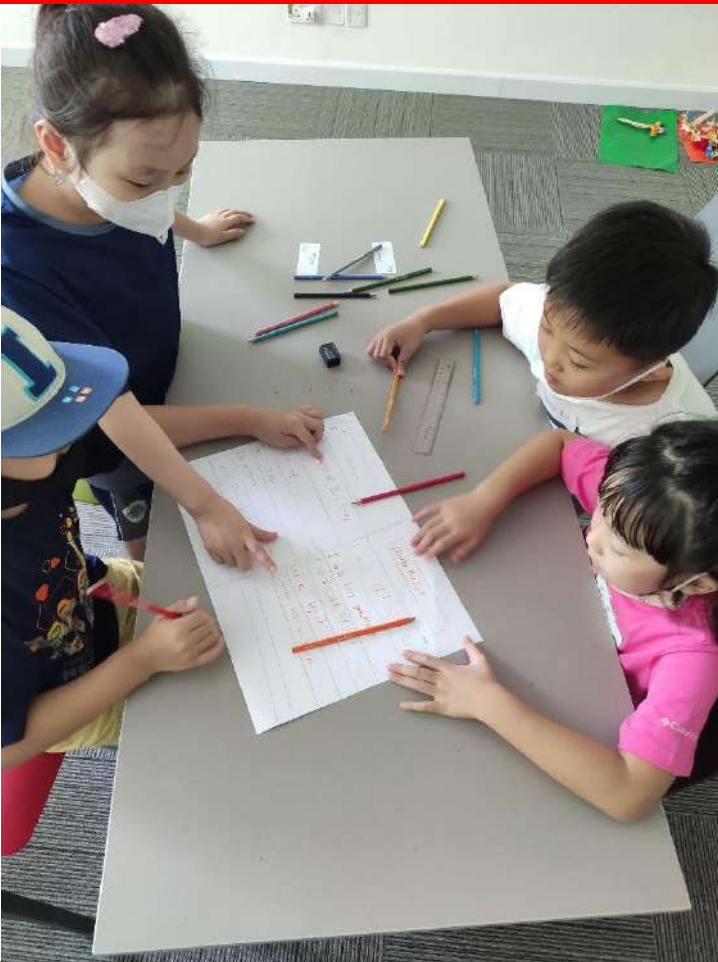
## Einstein 5

This week, E5 discovered that **they are able to control their mindset**. We tackled our project by focusing on effort and strategies as opposed to the final outcome. In groups they created board games. Each member of the group contributed hugely, with some children assigning roles and responsibilities to others. We particularly enjoyed building and decorating kites this week which we then flew on the rooftop sports field. In Life Skills, we planted green bean seeds. With hard work comes an appetite, and children had the chance to bake chocolate chip muffins and a healthy eggplant dish. During other activities, the children made lanterns and crafted a bird out of feathers.





# Einstein 4



Yet another great week for the E4 Group! This week's theme was CHANGE MAKERS, with a particular focus on MINDSET. In their new groups the children discussed and explored the meaning, and difference between, FIXED and GROWTH MINDSET. They then embarked on the task of creating comparative mindset posters where each group displayed great examples of both fixed and growth mindset. Towards the end of the week the groups collaborated to create their key cards and practice their presentations. They presented their ideas creatively and each group used great presentation skills. It is wonderful to **see so many individuals growing in confidence** when presenting their ideas in front of their peers. Other activities that made this week super fun included making choc chip muffins, creating lovely lamp shades, creating a Growth Tree, singing in preparation for the performance, and many sport activities that were enjoyed throughout the week. The group was noticeably positive and perceptive in their engagement with the theme and all aspects of camp this week as they continue to forge new friendships and get excited for the final week's performance. Well done E4!





## Einstein 6



**How do we change things with growth mindset?** The children have brainstormed and created a CHANGE acronym that's related to mindset. This week's project was interesting and full of critical thinking. We did an 'ANIMAL ADAPTATION PROJECT' with proper planning and using clay models for their presentation. They've shown talents in changing physical/ behavioural adaptations with the extinct animals they've chosen so it would have survived extinction. The presentations went really well and the Q&A part was overwhelming.

The children also made photo frames that will remind them of the challenges they have gone through this summer camp 2020. They have knowledgeably realized that they can make positive changes to the people and the world around them. THINK BIG!



# ***Davinci 1***

D1 faced different challenges in their team games this week linked to the weekly theme **growth mindset**. Each team engaged in our game of “Faye’s the Challenge” each day to earn team points. The team members, putting their game faces on, were challenged and enjoyed playing the games. They also showcased their creativity by talking about “random topics” and making an interesting presentation out of it. The highlight of the week involves showing their talent in performing as we excitingly look forward to their big performance next week! D1 was an inspiration to the younger children as they lead the singing of the song in front of all the groups this week. We can’t wait for the big performance next week!





# Davinci 2



Again, our week started with the arrival of new students that were welcomed into our group and settled in quickly with their friends.

Our theme for week being CHANGE MAKERS has brought on a whole new way of thinking for the students who now realize that they are **the new change makers of the World!**

The week has been challenging in many ways as we have many projects to complete as well as getting well prepared for our grand performance in Week 5.

Assistant Teachers put together a great 'SCAVENGER HUNT' for the class, students loved it and the winning group was rewarded with a first prize and then all other teams received a smaller prize. We then gave each student a rubber wrist band as a final gift for overall achievement as a class.

D2 are working well together and strong bonds and friendships have been formed throughout this summer camp.

D2 is an amazing group of children, full of energy, fun and excitement.

We are looking forward to an amazing Week 5!

