

MINDSET 2020



COGNITA  

WINTER CAMP

21 - 31 December (2 weeks)



Open to students from
all schools (Age 5-13)

Hotline: 0364 669 256

Register Online
Inspireducamps.org



ISHCMC Winter Camp 2020



VISION > GOAL > ACTION > TIME



Our two-week **MINDSET2020** Winter Camp has been designed around two main themes that link together to form a unique project-based learning experience. Students will interact with the weekly themes through a fun mix of sports, team building, activities, cooking classes, weekly projects and life-skills.

The goal of **MINDSET2020** Winter Camp is to expose students to unique learning opportunities linked to personal vision and growth mindset. Our focus in this learning experience is to help children to identify with their individual passions, set goals based on their passions and then take action to achieve their goals.

WEEK 1 (21 – 24 Dec)

BIG IDEAS will encourage children to explore what they are really passionate about. By thinking BIG, and thinking without limits, we connect closer to our dreams and closer to what really makes us who we are.



How am I unique?
What do I love to do?
Why am I happy to be me?
How am I smart? (IQ vs EQ)
I can do anything, so what will I do?

Project Focus = **Change the World**
Life Skills Focus = **Creativity – Open-mindedness**

LS Life Skills

P Project

S Sport

TB Team Building

C Cooking

A Activities

WEEK 2 (28 – 31 Dec)

THINK FORWARD will help children to learn that to set and achieve goals, you must apply action and must also understand that these actions connect to time.



What are my goals?
How can I reach my goals?
What do I need to do to achieve my goals?

Project Focus = **Make it Happen**
Life Skills Focus = **Self-belief & Confidence**

LS Life Skills

P Project

S Sport

TB Team Building

C Cooking

A Activities

VISION > GOAL > ACTION > TIME

Example Weekly Timetable:

Week 1 - 2		Mon	Tues	Weds	Thurs	Fri
Morning		Students Arrive				
08:30 - 09:30	Session 1	Team - Building	Sports	Life Skills	Sports	Holiday
09:30 - 10:00		Break				
10:00 - 11:00	Session 2	Project	Project	Activities	Project	Holiday
11:00 - 12:00	Session 3	Sports	Life Skills	Cooking	Project	Holiday
12:00 - 12:45		Lunch				
12:45 - 13:45	Session 4	Cooking	Project	Sports	Team - Building	Holiday
13:45 - 14:00		Afternoon Break				
14:00 - 15:00	Session 5	Activities	Project	Project	Life Skills	Holiday

Dates (21 – 31 Dec)

Week 1: 21 – 24 Dec

Week 2: 28 – 31 Dec

Days & Times

Monday to Thursday each week 8.30 am to 3pm

Age (5 to 13yrs)

Winter Camp is open to students from all schools (5 to 13 years old)

Student Grouping by Age

Although the Winter Camp Programme follows the same weekly themes for all ages, the content varies greatly as it is designed for specific age-appropriate delivery. Students are grouped in age categories:

- 5 years old
- 6/7 years old
- 8/9 years old
- 10/11 years old
- 12/13 years old

Programme Fees:

Dates	Fees	Early Bird 10% (before 06 Nov)
2 Weeks	21 – 31 Dec	15,390,000 VND
		13,850,000 VND

*No camp on 25 Dec + 01 Jan

Included in Fees – Lunch | Snacks | Learning Resources

Register Online: www.inspireeducamps.org

Campus Location

1 Xuan Thuy Street | Thao Dien Ward | District 2 | Ho Chi Minh City

<https://www.ishcmc.com/virtual-tour>

Questions and Further Information

If you would like further information about our programme, please contact our Programme Director - Mr Steve Lanning: Steve@inspireeducamps.org

LS Life Skills

Confidence | Positivity | Critical Thinking | Growth Mindset | Keys for Success

Life skills activity sessions, through engaging fun activities, will connect students to weekly core values. These sessions are designed to have practical understanding and outcomes for children that can be applied to their everyday life.

P Project

Inquiry-based projects are designed in-line with each weekly theme to guide students to investigate their interests related to the topics and guiding questions.

TB Team Building

Teambuilding focuses on boosting confidence and promoting self-esteem. Children are encouraged to learn the true value of collaboration in activities to achieve collective goals through synergy.

S Sport

Put down the iPad, mobile phones, switch off the TV and get active! Sports games and activities for children help develop movement skills, confidence, and their love of being active.

C Cooking

Fun in the kitchen and such a valuable life skill! Children will learn about various baking and cooking styles and techniques where they are introduced to the various ingredients to form foods from sweet to savory (with a focus on healthy options).

A Activities

Activity sessions are art & craft-based activities that link closely to each weekly theme. Using age-appropriate techniques and materials, children will engage in interesting activities designed to challenge their creative thinking skills.

Register Online

Inspireeducamps.org

