



International School Ho Chi Minh City

23 June - 25 July

LIFE SKILLS SUMMER CAMP 2025

Open to children from all schools (age 5 - 15)

Register for 2, 3, 4 or 5 weeks!

DISTRICT 2



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ISHCMC Secondary Campus
1 Xuan Thuy, Thao Dien,
Thu Duc City, HCMC



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PROGRAM CONTENT

Life Skills Summer Camp 2025 offers an empowering five-week journey designed to equip children with essential life skills that go beyond the traditional classroom. The 2025 program is designed with focus and intention, offering a clear, future-oriented path to developing specific, actionable skills. Key areas of emphasis include mindset development, research skills, financial literacy, leadership, and innovation. The camp integrates hands-on learning through activities like goal-setting, mastering online research, and real-world problem solving, preparing children for a rapidly evolving world. Central to the program is a strong focus on Social-Emotional Learning (SEL), fostering self-discovery, emotional regulation, effective communication, informed decision-making, and personal empowerment. Enriched with diverse activities like sports, team-building exercises, cooking, arts & crafts, and creative projects, this camp not only equips children with the skills to face future challenges but also nurtures their enthusiasm for learning and personal growth, cultivating a lifelong growth mindset.

SEL PROGRAM

Inspire Educamps' SEL Program 2025 is designed to equip children with essential life skills over five weeks. Each week focuses on a unique area of growth:

Week 1: Self-Discovery encourages students to delve into their personal identity, recognizing strengths and exploring ways to maintain a positive and adaptable mindset.

Week 2: Emotional Mastery teaches children how to regulate their emotions, cope with stress, and manage time effectively, promoting inner balance and resilience in day-to-day challenges.

Week 3: Effective Communication fosters skills in leadership, cooperation, and maintaining healthy relationships. Students learn to express themselves confidently and resolve conflicts constructively.

Week 4: Informed Choices guides children through decision-making processes, emphasizing critical thinking, ethical considerations, and thoughtful reflection to make responsible, impactful choices.

Week 5: Personal Empowerment inspires kids to take control of their own growth and development. Learn how to set meaningful goals, take action, and overcome obstacles in achieving personal ambitions.

SPORTS

Kids will take part in daily sports activities promoting fitness and coordination. Campers will improve skills, build confidence, and develop resilience through fun games. Focusing on agility, endurance, and teamwork, kids will enjoy friendly competition in a safe gym, learning perseverance.

TEAMBUILDING

Activities will foster collaboration and leadership. Group challenges will encourage communication and problem-solving as campers work together toward shared goals. Through games and projects, kids will build trust, teamwork, and confidence in group success.

LIFE SKILLS

Sessions focus on the theme of **Work the Problem!** helping children build resilience, critical thinking, and teamwork. Through hands-on activities, kids learn to calmly face challenges, break them down, and find practical solutions. These workshops will equip children with skills they can use in real-life situations, promoting personal growth and lasting development.

ACTIVITIES

Each week, campers will engage in arts and crafts activities closely tied to the weekly themes. Using age-appropriate materials and techniques, these sessions are designed to inspire creativity and encourage children to think critically and innovatively while developing their artistic skills.

COOKING

Children will explore sweet and savory dishes from around the world and learn to prepare popular international treats, discovering new flavors and cultures. These fun, hands-on cooking sessions teach valuable skills that help kids gain confidence while creating tasty dishes to enjoy & share.

WEEKLY THEMES

THINK



Week 1 (23 - 27 Jun)

THINK focuses on developing a growth mindset and setting goals. Children will learn how mindset shapes success and explore positive thinking and perseverance to achieve their goals.

Ages **5-7**: Fun games teach effort and resilience. Children will set small goals and celebrate progress.

Ages **8-11**: Set personal goals, break tasks into steps, and use a positive mindset to overcome obstacles and challenges.

Ages **12-15**: Dive into mindset theory, self-doubt, and overcoming failure, creating long-term goals with clear, actionable steps.

LEARN



Week 2 (30 Jun - 04 Jul)

LEARN focuses on helping children discover what they're interested in and how to find out more using YouTube. They will explore how to search for content, focusing on evaluating quality and reliability.

Ages **5-7**: YouTube is a great place to find videos and learn more about things you're interested in. You can learn almost anything by using YouTube in a fun and safe way.

Ages **8-11**: Identify credible content on YouTube using metrics like view count and engagement, while focusing on finding answers to your many questions.

Ages **12-15**: Explore advanced techniques to evaluate sources, comparing different videos to gather reliable information on topics of interest. Such a great tool!

ATTITUDE



Week 3 (07 - 11 Jul)

ATTITUDE focuses on how attitude affects success. Kids will explore personal responsibility, leadership, and accountability through team activities, learning how choices shape outcomes and the value of a positive attitude.

Ages **5-7**: Role-play tasks like tidying up to understand responsibility and how attitude influences group dynamics.

Ages **8-11**: Kids will solve challenges in teams, learning accountability and developing leadership by owning decisions.

Ages **12-15**: Leadership workshops will teach kids to take charge of projects, accept responsibility, and lead with integrity in real-world scenarios.

WEALTH



Week 4 (14 - 18 Jul)

WEALTH teaches lifelong financial literacy by focusing on understanding assets and liabilities. Children will discover how to build lasting wealth through smart choices like saving, budgeting, and investing.

Ages **5-7**: Learn the basics of saving, spending, and needs vs. wants. Fun activities show how toys lose value, while books grow in value.

Ages **8-11**: Run a business simulation to see how saving and investing grow wealth, focusing on the long-term benefits of assets. What are assets? What are liabilities?

Ages **12-15**: Create personal business plans to explore financial independence and how smart choices today can build wealth for life. Learn to have long-term vision!

ACTION



Week 5 (21 - 25 Jul)

ACTION teaches children that ideas alone aren't enough—action is what brings them to life! Kids will learn strategies to take initiative and turn goals into reality, whether it's solving a problem or launching a project.

Ages **5-7**: Children will come up with simple ideas, like a new game or craft, and learn that creativity comes from turning those ideas into real projects. **Step by step!**

Ages **8-11**: Teams will brainstorm solutions, prototype, and present their ideas, gaining hands-on experience in making ideas happen. **Take action!**

Ages **12-15**: Older children will take on real-world challenges by creating plans, doing research, and taking action to turn their visions into reality. **Make it happen!**

LIFE SKILLS EXHIBITION

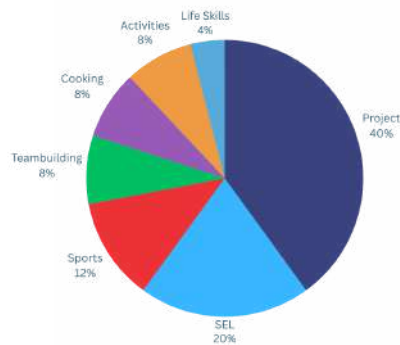
On the final day of camp, students will showcase their growth in mindset, leadership, financial literacy, and taking action. Kids will share how they have applied skills like goal-setting, evaluating information, and turning ideas into real-world solutions. The exhibition highlights their journey in perseverance, responsibility, and initiative, demonstrating how they've worked to achieve their goals.

Invitation to: All families
Date: Friday 23rd July
Time: 2pm
Location: ISHCMC Secondary Campus

EXAMPLE TIMETABLE

	MON	TUE	WED	THUR	FRI
08.30 - 09:30	Weekly Project	Weekly Project	Weekly Project	Team Building	SEL
Break					
10:00 - 11:00	Sports	Weekly Project	Weekly Project	Activities	Weekly Project
11:00 - 12:00	Activities	Team Building	Sports	Weekly Project	Sports
Lunch					
12:45 - 13:45	SEL	Cooking	SEL	Cooking	Weekly Project
Break					
14:00 - 15:00	Weekly Project	SEL	Weekly Project	SEL	Life Skills

Monday to Friday
8.30am to 3pm



FEES - REGISTER & PAY ONLINE

EARLY BIRD 10%

(Register & Pay Before 15 March)

REGULAR FEES

(Register & Pay After 15 March)

2 Weeks	21,000,000	23,350,000
3 Weeks	31,500,000	35,025,000
4 Weeks	37,800,000	42,030,000
5 Weeks	42,000,000	46,700,000



Register Here

Extend Registration: Fixed fee 11,675,000 per week

Included in fees: Lunch - Snacks - Learning Resources - Completion Certificate

School Bus: Register & pay online 

